

Fold Here

Excited, Afraid, Angry, Sad, Happy,
Fearful, Anxious, Depressed, Peaceful,
Secure, Worried, Discouraged,
Encouraged, Ashamed, Doubtful, Joyful,
Confident, Silly, Surprised, Annoyed,
Helpless, Hopeful, Lovable, Unloveable,
Eager, Overwhelmed, Envious,
Motivated, Proud, Self-Conscious,
Let down, Energetic, Comfortable, Trapped,
Concerned, Forgotten, Light-Hearted,
Lost, Hurt, Worthless, Easy-Going,
Irritated, Suspicious, Bitter, Foolish,
Joyful, Relieved, Satisfied, Stupid,
Embarrassed, Optimistic, Lonely

