

Fold Here

Excited, Afraid, Angry, Sad, Happy,  
Fearful, Anxious, Depressed, Peaceful,  
Secure, Worried, Discouraged,  
Encouraged, Ashamed, Doubtful, Joyful,  
Confident, Silly, Surprised, Annoyed,  
Helpless, Hopeful, Lovable, Unloveable,  
Eager, Overwhelmed, Envious,  
Motivated, Proud, Self-Conscious,  
Let down, Energetic, Comfortable, Trapped,  
Concerned, Forgotten, Light-Hearted,  
Lost, Hurt, Worthless, Easy-Going,  
Irritated, Suspicious, Bitter, Foolish,  
Joyful, Relieved, Satisfied, Stupid,  
Embarrassed, Optimistic, Lonely

