



Rights and Responsibilities

The United Nations "Convention on the Rights of the Child" says every government should protect kids and make sure they have legal rights. The words in the law are complicated, so here is a simple list of some of the rights.

Every kid gets to have a name and to be a citizen of their country.	Kids can access information (that's ok for their age) from different sources.
If a child is adopted, they also get to know who their birth-parents are.	Groups of kids can meet together or even join or make clubs.
Kids can live with their parents if possible, and be put back with their parents if they get separated.	Kids can have privacy (but they have to tell an adult if there is something dangerous).
If kids can't live with both parents, they get to talk to both parents if possible.	Kids should be protected and kept safe and healthy.
Adults will listen to kids' opinions about important things (but not always agree).	If kids are not with family, they should have good care that fits their own culture.
Governments will do their very best to make sure kids are healthy.	If a kid has a disability, they'll get care and education that meets their needs.
Kids will have an education that develops their personality and talents.	Kids will have a place to live, food, and clothes.
Kids get time to rest, play, and have fun.	Kids get to enjoy their own culture, practice their own religion, and use their language.
Children will not be soldiers and will not fight in wars.	Adults will protect kids from abuse.
If there is war, kids will be protected.	Kids will not be forced to work at a grownup job (they do have to go to school though!)
Adults will protect kids from big dangers like being a slave.	Kids will be protected from seeing adult things that kids are too young to see.
Kids can participate in art & culture activities.	Adults will protect kids from cruel or violent punishments.
If a kid is accused of breaking the law, the police will follow the rules fairly.	If a kid's rights are broken, the government will help make things better.
Adults will protect kids from things that are bad for them, like drugs.	





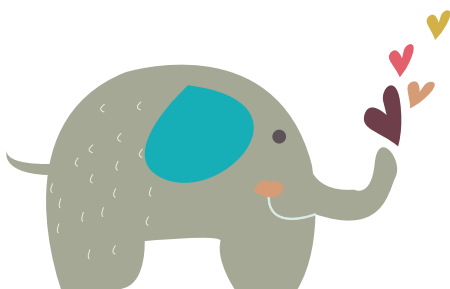
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Rights and Responsibilities Chart

Children have the right to:	A responsibility that goes with this right is:	An action step is:

There are three steps to using EQ:

1. **Being aware.** Noticing our own feelings and reactions.
2. **Being intentional.** Deciding how we want to respond.
3. **Being purposeful.** Taking action to make the world a little better each day.



What's one way using these three steps will help you **protect these rights** and **take care of these responsibilities**?

