

# Title: CLIMATE FEELINGS POSTER

### Goal:

To be able to identify and share your emotions about the effects of climate change and identify an action to support change.

#### Intro:

It can feel overwhelming to think about Climate Change. There are lots of troubling things happening like storms, floods, fires, droughts, and heatwaves. How do you feel about it?



#### Resources:

Colored pens/pencils/crayons Climate Feelings Poster (Optional) blank paper

### Instructions:

Think about the changes to our planet that are associated with climate change (rising sea levels, extreme
weather patterns, droughts, floods, forest fires, ice cap melting)
Draw a picture about climate change to express yourself.
Fill in the sentences at the bottom of the page:
'I feel because" and "One action I can take is"

# **Discussion:**

What do emotions tell you about things you care about? What's the message you are getting? How do you get others on board to take action about something you feel strongly about? What does it feel like to commit to taking an action step? What do you want to do next?







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Goal:



## Resources:

#### Intro:

What action step would you take? In this activity, children create a climate change poster and put their feelings into action to contribute to positive change.

Instructions:

**Discussion:** 



