

Title: GOAL PIZZA

Goal:

For children to identify their goals and to use the Three W's to successfully map out a pathway to achievement.



Intro:

Setting Goals is a proven way to empower people and help them achieve (their own definition of) success. This activity will show kids a fun (and yummy!) way to set goals and take action steps toward reaching them.

Resources:

Construction paper
Markers/pens/colored pencils
Scissors
Glue/Tape/Adhesive

Instructions:

Gather materials: A piece of paper for each person, markers/ pens/ colored pencils for writing, drawing, and coloring

Make your "Goal Pizza": On a sheet of paper, draw a big circle, then draw lines to section it up into six slices, like a pizza. Then, write different categories on the "crust" of each slice (see photo below). For example: draw, basketball, reading, friends, family, piano. Underneath the category, write down a goal for it. For example, "I want to get to make better grades."

Create the "toppings" for your Goal Pizza: Draw three of your favorite toppings on each slice of pizza, making them big enough to write on. Then, write your answer to the three W's on each one: Who can help?, What do I need to do?, and When?

Decide where your "oven" is: Put your pizza somewhere you can see it and check it often. This will be your oven! Decide how long your pizza will need to bake to reach your goals, and write that on your sheet of paper.

Celebrate! When your pizza is fully baked, have a celebration (like a pizza party!)

Discussion:

What emotions did you feel while writing down your goals?
Which goals do you think will be easiest/ most challenging to achieve?
What other goals could you apply the three W's to?



POP-UP FESTIVAL