

Title: CONSUMPTION ACTION STEPS

Goal:



Intro:

In this activity, children think about some current consumption habits and come up with "Action Steps" to help shrink their waste footprint.

Resources:

Blank paper
Colored pencils/pens/crayons
Learn to Grow Sheet (Letter Size)
Learn to Grow Sheet (A4 Size)

Instructions:

Trace two feet on a piece of paper.

In the left foot, write (or draw pictures) of some ways you are currently wasteful. Think about the following examples, and come up with your own:

- How long are your showers? Could they be shorter?
- Do you use single-use cups and straws? Or reusable ones?
- Do you recycle what you can?
- Do you use the backs of papers as well?
- Do you take more than you can eat and throw food away?

In the right foot, write some "Action Steps" to live a more sustainable life. For example, if you realize that you are often taking baths instead of showers and want to change this, you could write "Take short showers to save water." Be creative, think about small actions that can add up to a real difference.

(Optional) Cut out your feet and tape them to the wall display to create a gallery of "Kids' Sustainable Action Steps"

Discussion:

Changing habits can be hard, what is something you've tried to change? How did it go?

Many people think that their little individual action is not enough. What do you think about the power of small actions?

Becoming more sustainable is a change that we can all participate in. How does it feel to be part of a big movement like Sustainable Development Goals?



POP-UP FESTIVAL