

THOUGHTS

FEELINGS/EMOTIONS

ACTIONS

Climate change is dependent on individual actions	Bored	Writing a letter
Corporate policies are more important than individual actions	Curious	Asking questions about climate change
I don't know where to start	Anxious	Voting
Climate change doesn't affect me	Safe	Telling someone how you feel about climate change
People are not taking climate change seriously enough	Comfortable	Reading / studying about the science of climate change
Climate action is a HUGE challenge	Angry	Using a reusable waterbottle